

6-1957

Beacon Light: June 1957

St. Cloud Hospital

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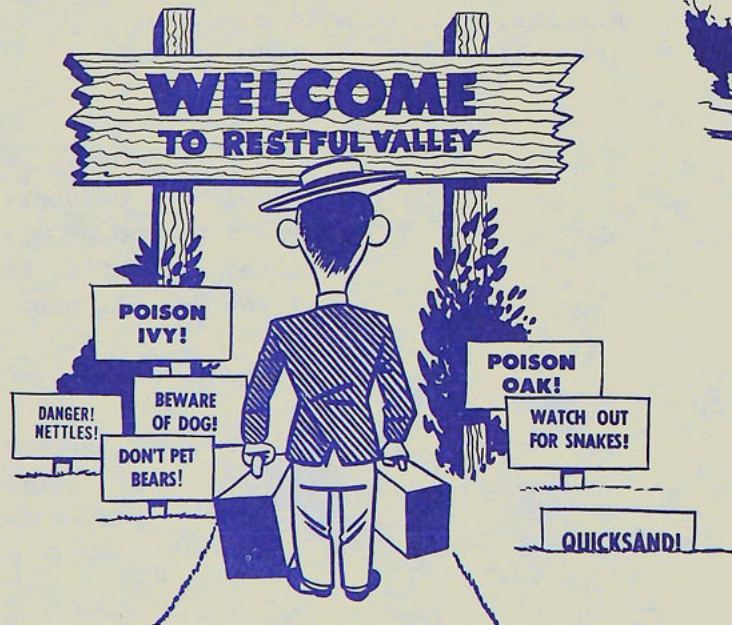
BEACON LIGHT

Volume VII No.9

SAINT CLOUD HOSPITAL

June, 1957

Happy Vacation!





START YOUR
VACATION
RECREATION
SLOWLY

On vacation you suddenly find
the time to play again.

START SLOWLY

Remember that all year on your
job you've been using the
same set of muscles. On vacation
it's different . . . you use other
muscles. Put them into action
gradually.

You may be an outdoor, do-it-
yourself person or a week-end
athlete. No matter which you are
---if you haven't been active lately---

DON'T RUN AWAY WITH
YOURSELF. START YOUR
VACATION RECREATION
SLOWLY

70

EMPLOYEES HONORED



Seventy employees of our hospital were honored Wednesday night, May 15th,
at the annual recognition banquet held in the main dining room.

Those honored at the banquet were employees with five years or more of
service. The 70 workers had a combined total of 660 years of service.

Sister Francis Xavier presented the service awards, incorporating this
year the theme of the centennial being celebrated in 1957 by the Sisters of
the Order of St. Benedict who operate this hospital. Sister Francis Xavier
commended the employees during the presentation for "their loyalty and un-
selfish service," and reminded them that they set the pattern of work for the
entire organization.

Father Edward Morslander, assistant chaplain, was the main speaker at the
banquet. Father pointed out the real value of the role each individual plays
in attaining the final objective of the hospital.

Bernard Wright, personnel director, offered his congratulations to the
honored employees and praised their loyalty. He also pointed out that they
must like their work, otherwise they would not have stayed on as there are
many opportunities elsewhere.

Each honored employee at the dinner was presented with a gold Benedictine
medal mounted on a specially designed card. The employees were seated accord-
ing to their years of service. Statuettes of St. Benedict mounted on a piece
of granite served as favors for the guests.

Employees who received special service pins for 10 years of continuous
employment were:

- MRS. BERTHA HOESCHEN...Practical Nurse
- CECILIA WINKLER.....Nurse Aide
- NICK JOHNSEN.....Elevator Operator
- ANTON RUF.....Elevator Operator
- MRS. MYRN KEPPERS.....Nurse



CONGRATULATIONS!

Our part-time employees were well represented at the Cathedral

and Tech. High Graduation Exercises. The following graduated from Tech:

ELAINE KUEHNLE ADELINE OEHRLEIN
GERALD MUNTIFERING ARLENE THIELEN

Cathedral graduated the following:

JOSEPH ALBERS DOREEN LARDY
CAROL BELANGER MARILYN MIHELICH
CHARLENE BRENGMAN DOROTHY MORAN
DIANNE DIEDRICH PATRICIA O'CONNELL
KATHERINE EICKHOLT CAROL PROM
ANGELA HELFTER BERNICE ROBAK
PATRICIA JUREK PATRICIA ROSEN
CONSTANCE KAPPAHN FLORENCE STORKAMP

HUBERT LEVANDOWSKI graduated from St. John's University and is doing post-graduate work at the University of Minnesota.



CONGRATULATIONS to all of you! May God bless the work you will be undertaking.

DELROY STANG will be leaving very soon to begin his studies at St. John's. Delroy wants to become a Brother and feels that he would like to follow the Benedictine way of life.

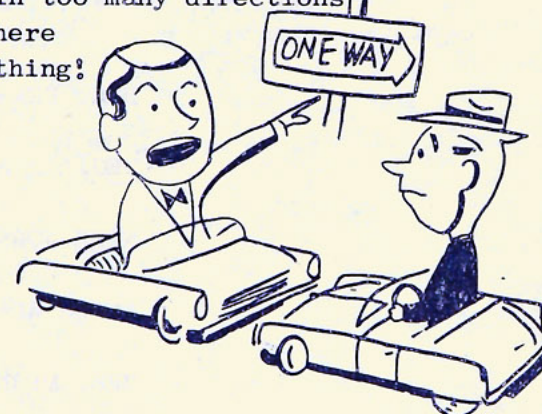
NO MASS PRODUCTION LINE —

The largest item of hospital expense is payroll for the simple reason that "helping folks to get well" is a task that cannot be handled on a mass production line. The hospital cannot store so many prescriptions and then hand them out to patients when it's "time to take your medicine". Each prescription is based on a personal study of the patient's condition by the doctor. Nor can the hospital prepare so many meals of uniform ingredients, for proper diet is a part of the treatment and the meals served to each patient must be exactly what the doctor orders. Remember also that sick people have likes and dislikes that are accentuated by their illness.

It takes 70 muscles to frown and 10 to smile.
Smile---it won't hurt.

TOO MUCH of TOO LITTLE ?

These days there are too many people in too many cars in too much of a hurry going in too many directions to nowhere for nothing!



GOOD HOUSEKEEPING —

Good housekeeping in a hospital is "everyone's job" because a hospital is the personification of cleanliness and sterility. How many times have you listened to a television commercial for a certain type cleaning agent and heard the announcer proudly claim that his product will get your kitchen sink "hospital clean"? This only proves that the public mind accepts cleanliness as the by-word for hospital.

You may ask, what is the Housekeeping Department for if they cannot keep the place clean. The answer lies in two things:

1. They can't follow all hospital personnel all day and night to pick up after them.
2. Since the public feels that a hospital is the personification of cleanliness it is the duty of all hospital personnel to do what they can to keep the hospital clean and neat. In other words, we are not asking you to do housekeeping's job for them but to do yours better.

Here are a few pointers that you might study:

1. Pick up after yourself. Throw wet paper towels into the basket provided for them and not alongside the basket, thinking that Housekeeping will take care of them.

2. Keep glass and combustible rubbish separate. Remember that a cut hand can be just as painful to a housekeeping aide as anyone else, and that these accidents may result in serious injury or lost time.

3. Report needed repairs immediately. It has been estimated that a stream of hot water 1/16 of an inch in diameter running for 24 hours from a faucet needing repairs, would cost the equivalent of \$32.00 in heat and water expenses.

4. Use the furniture and treat the building as if it were your own.

5. Ash trays and ash urns are provided throughout the hospital. Use them in-

GOOD

HOUSEKEEPING

is good ANYWHERE !



stead of grounding out a cigarette on the floor.

6. Remember that a clean freshly prepared patient bed and bathroom has been made ready for the use of someone who may occupy it that day. Do not sit or lie on the beds or use the facilities in patient units. What would be your impression if you were admitted to a room that had a rumpled bed, filled ash trays and a messy bathroom?

Your cooperation is a contribution to BETTER PATIENT CARE!

Are You on the Reception Committee

During the next few months we will again welcome many new employees to our hospital. They will come into departments where we are old-timers---or look like old-timers to them, because we have been on the job long enough to "belong" and do easily what they, at first, will do hesitantly.

It will help them no end---and help the hospital too---if we will WELCOME them; if, without making any fuss about it, we will quietly appoint ourselves a "reception committee".

We can best do this in four different ways:

First, we can offer each newcomer an atmosphere of warmth rather than of indifference. A smile, a pleasant tone of voice, a friendly show of interest: These can say, "We're glad you've come. We hope you'll like it here."

Second, we can help the newcomer get on to the small details of her new situation. People don't feel at home in a place just because they know the big things to be done in it. They need to know the small things, too --- people's names; where things are kept; the little habits and customs of the group. The supervisor or department head will see to it that the new employee is told about her job. We can see to it that she doesn't get lost in details.

Third, we can include her in our companionships of the group: get her in on things so that she can begin to have a background for belonging. Shared laughter and talk, and shared effort;

these change the "outsider" into an "insider".

Fourth, -- and this puts us to the test---we can resist the temptation to show how important, intimate, and secure we ourselves are as old-timers. We should avoid talking and laughing a great deal with other old-timers about things that make the new employee feel shy, awkward, and left out.

Let's not forget: We're ALL on the Reception Committee!

Personnel who must, from time to time, request patients or visitors to "toe the line" should do so in a manner which will reflect favorably on the hospital and the individual. Be specific and tactful, clear but firm, when explaining the need for a hospital rule. Any other approach may cause resentment and continued disregard of rules.

Telling our hospital's requirements to the public is not always a pleasant task, and one which many employees would perhaps prefer to have handled by someone else. However, no one understands the function of a particular service better than those performing it. Stand up to the task, approach it fairly, and the results will be more satisfying to all concerned.

July
4th



PATRON SAINTS

JUNE 29th ... FEAST OF SAINT PETER, APOSTLE

...Selected as Patron of Medical Record Librarians

Saint Peter was chosen by the Master to be the Keeper of the Keys of the Kingdom. His greatest fault--blind impetuosity--caused his fall, but his true humility led to a deeper appreciation of God's graces.

The Medical record librarian's role as "keeper of the keys" to the confidential documents should have deep devotion to the "Keeper of the Keys" of the Kingdom of Christ. In her dealings with the medical staff as well as administration, she will profit by Christ's example in dealing with Peter----gentleness, tempered with firmness and unflagging patience. All persons who have access to confidential material relative to patients or personnel will want to pray to St. Peter.

JULY 12th ... FEAST OF SAINT VERONICA

...Selected as Patron of Nurses and Nursing Service

Saint Veronica was one of the holy women who accompanied Christ to Calvary and offered Him her veil to wipe the drops of sweat from His brow. Our Lord accepted her offering and after using it, handed it back to her on which was left the imprint of His face.

All Nursing Service personnel will want to say this prayer: "O Jesus, grant that I may alleviate Your sufferings in my personal service of the sick and may I merit to receive Your love and friendship by devotion to duty. Let me not only relieve their aching bodies but grant that I may also help to bring their souls closer to You. Thus, will I become another Veronica, giving tender, loving care to You, My God and My All."

JULY 29th ... FEAST OF SAINT MARTHA

...Selected as Patron of Dietitians and Dietary Services

Saint Martha, sister of Lazarus and Mary of Bethany, is known to us only by Holy Scripture. Most of us remember the words addressed to Martha by our Lord on the occasion of the repast she prepared for Jesus: "Martha, Martha, how many cares and troubles thou hast!" Martha is also referred to by the evangelist when he tells of the meal of which Jesus partook at the house of Simon the Leper. He simply tells us that Martha took care of the service. All who have any part in the Dietary Service of this hospital will like this prayer:

"Dear Saint Martha, who so often prepared meals for Jesus Christ and served this Divine Guest and His friends in your home in Bethany, help me to fulfill my duties with a spirit of supernatural charity and graciousness so that all I do for my neighbor may be done for Christ, in Christ and with Christ."

50 YEARS

A GOLDEN JUBILEE....
50 years in the service of the Lord.....such was the occasion for the picture on the right. The "youngest" of our Golden Jubilarians here at the hospital, Sister Borgia, celebrated her anniversary on Sunday, June 2.

Sister Borgia spent most of these 50 years in the St. Cloud Hospital, first as a Medical Technologist in the Clinical Laboratory and for the last six years Sister has specialized in caring for the Laboratory animals.

It takes tremendous patience and endurance to keep up this exacting work under very crowded conditions. For several years we have been planning a new department but our plans have not as yet



Pictured from left to right are: Sister Julitta, Sister Leobina, Sister Irmengard, Sister Cunegund, Sister Consilia and Sister Borgia.

materialized --- the area should be at least ten times larger than what it now is.

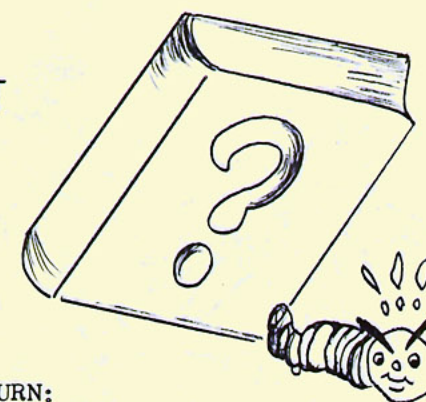
You will notice that each of the Sisters in the picture is wearing a corsage. This is because they have already celebrated their Golden Jubilee some years back and are on this occasion rejoicing with Sister Borgia as they recall many pleasant memories. Let us ask God to bless them very specially.

Sister Isidore, a student in our School of Anesthesia, comes to us from Crookston. She celebrated her Silver Jubilee--25 years in religious life. We were happy that Sister was with us at this time so we could help her celebrate!



Sister Borgia and two of her "sweetie pies" (hamsters).

HOW SMART
ARE
YOU



A. THE BABY WORM'S TURN:

A mother worm, a father worm and a baby worm lived happily in a hole in a verdant field. One day a neighbor told them that he had overheard the farmer say that he was going to plough up the field the following day. In great consternation, the worm family packed and moved over the wall into the next field, where they dug themselves a hole and went snugly to sleep. The next morning, as is the habit among worms as well as among mortals, the baby worm got up first, crawled out of the hole, looked around and saw that their old field was really ploughed up. He said with great enthusiasm and relief, "Gee, I'm glad we moved over here, all five of us!"

How come he said "all five of us"?

B. MAKE SENSE OF THIS:

<u>stand</u>	<u>take</u>	<u>2</u>	<u>taking</u>
I	you	throw	my

C. DO THESE IN YOUR HEAD:

1. A certain number is increased by 3 and the result is then divided by 2. The result is twice the original number.
2. What two whole numbers multiplied together give 31?
3. Find two consecutive numbers such that $1/7$ of the smaller is less than $1/6$ of the larger.

(Answers to the above are on page 11 of the Beacon Light.)

H E A V E N

Voltaire, the 18th century French skeptic, was a guest at a banquet in Germany. The conversation turned to heaven.

"I'll sell my place in heaven to anybody for ten thousand francs", he offered sarcastically.

A German neighbor turned to him and said, "My dear sir, in this country we do not sell anything unless we actually own it."



Q U I E T . !

PATIENTS GETTING

WELL!

True, this sign does not appear in our hospital. However, should not that message be engraved in our minds so that we do not need such a visible sign?

Let us all try even a little harder to emphasize the need of Q U I E T for our patients. They do need it!

H A P P Y
B I R T H D A Y
T O
Y O U



Flower: ROSE Birthstone: PEARL

Longing for adventure is a chief characteristic of persons born in JUNE.....they should guard against over anxiety in regard to money.....they seldom prosper in early life.....are generous and open-minded.

To the following employees born during the month of June, we extend BIRTHDAY GREETINGS. Let us ask God to bless them!

Clyde Stoffel	Chef	Main Kitchen
Mrs. Marian Becker	Physical Therapist	Physical Therapy
Mrs. Rita Donlin	Assistant Head Nurse	5 North
Joan Levandowski	L.P.Nurse	3 North
Marcella Bloch	Hospital Aide	Main Kitchen
Louise Gerads	Hospital Aide	Laundry
Mrs. Delores Kampa	Nurse Aide	2 North
Mary Goerger	Nurse	2 North
Virginia Kascht	Hospital Aide	2 South
Mrs. Josephine Stowe	Hospital Aide	Central Linen
Anthony Malikowski	Painter	Maintenance Dept.
Doris Hiltner	Hospital Aide	Central Linen
Mrs. Ann Witchen	Hospital Aide	Milk Lab.
Carl Binsfeld	Maintenance Man	Maintenance Dept.
Janice Linn	Nurse	4 North
Mrs. Yvonne Kremers	Nurse	Operating Room
Mrs. Bernice Tuey	Clerk	Admitting Office
Emil Hilsgen	Maintenance Man	Maintenance Dept.
Mrs. Rosa Wenzel	Nurse	3 North
Mrs. Bernadette Regnier	Nurse	2 North

*** EDUCATION MUST GO ON ***

Sister Nivelle attended a meeting of the Minnesota Academy of Science at the Mayo Clinic, Rochester. Speakers stressed the advances made in Science and the progress made in Science Instruction..... Sister Joel and Sister Aaron participated in a Study Group Meeting of the Interdivisional Council of Maternal and Child Health in St. Paul. The topics discussed were birth registration and adoption procedures.....Sister Mary Dominic attended a Pediatric Group Meeting at the Abbot Hospital, Minneapolis, discussing Orthopedic Conditions of Children.....Sisters Giovanni, Dolorata, Mary Jude and Nivelle and MISS MARION TOWN, MISS MAGDALEN FRONCAK AND MISS MARY SIMMONS attended a Conference for Schools conducting Basic Educational Programs in Professional Nursing. The discussions centered on Present and Emerging Criteria for Evaluation of Programs and the Implications for Improved Patient Care.....

The Upper Midwest Hospital Conference on May 23, 24 and 25 was attended by a large number of Sisters and the following lay employees:

JIM TROBEC	FRANK KARN
BERNARD WRIGHT	LAWRENCE HEIDER
HARRY KNEVEL	RAY FRIEDERICHS
JERRY KNUESEL	PRISCILLA MOOSBRUGGER
CLYDE STOFFEL	ALLEN SCHMID
EMIL HILSGEN	IRENE LASOTA
EMMET SHAUGHNESSY	

ERVIN SMITH attended the Second Annual International Meeting of the American Society of X-Ray Technicians in Washington, D.C. Mrs. Smith went along and they planned a little vacation right after the meetings.....Sister Mary Jude and Sister Mary Dominic attended a workshop on the Use of Community Resources in the Nursing Curriculum.....

BERNARD WRIGHT is attending an Institute on Personnel Administration sponsored by the American Hospital Association in St. Louis, Missouri.....

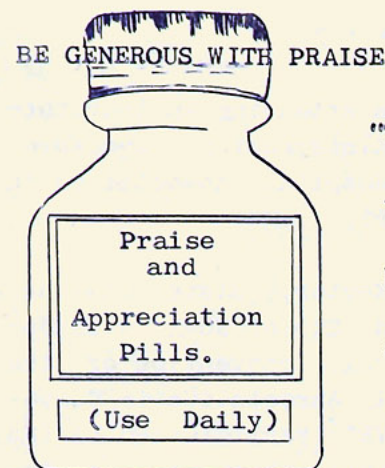
Sister Francis Xavier, Sister Cassian, Sister Keith and Sister Joel attended the 42nd. annual convention of the Catholic Hospital Association in Cleveland. HARRY KNEVEL participated in the Purchasing Institute which was an integral part of the Convention. FATHER PATRICK RILEY participated in the sessions for Hospital Chaplains as well as those for Bishop's Representatives. Father Riley was elected Secretary of the Chaplain's Conference of the Catholic Hospital Association.

The Institute on Administrative Dietetics held recently at the Continuation Center and also the Minnesota Dietetics Association meeting at the Upper Midwest Hospital Conference were attended by Sister Glenore.

FRANK KARN, assistant to the chief engineer, attended the State Convention of the National Association of Power Engineers on June 13 and 14th at Rochester. Mr. Karn went as a delegate of the local area association; the 75th National Convention for the N.A.P.E. will be held in Grand Rapids, Michigan in the near future.

Answers to "How Smart Are You?"

- He was only a baby worm. He couldn't count!
- I understand you undertake to overthrow my understanding.
- (1) 1
(2) 31 and 1
(3) 35, 36



"They've got
vitamin pills
beaten
all hollow."

One of the basic things people want from a job is recognition---credit for their efforts, abilities and accomplishments. The smartest thing a supervisor or a department head can do is to make sure they get it--not once in a while but every day.

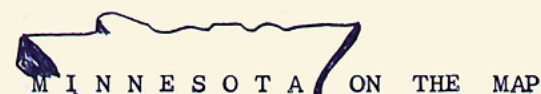
Too many of us are quick to criticize, slow to praise. We should be just the opposite.

A smart supervisor gives credit for little things as well as big. He lets people know that even the routine, ordinary things they do are noticed and appreciated. He gives credit for effort too. He knows that when people have done their best, they deserve recognition regardless of the outcome.

No one ever gets tired of being told he has done a good job. And if work isn't recognized and appreciated, why bother to put out the extra effort it requires?

The human appetite for praise is prodigious. We can absorb a tremendous amount and still be hungry for more. No matter how much praise we got yesterday, we could always stand more today.

Friendly praise is the most effective management tool ever invented. Be generous with praise!



When attending National Conventions, one is sometimes "far from home"--not only in distance but also in the fact that the people heading the various organizations as well as the speakers are all "foreigners". It was very nice in Cleveland to see Sister Mary Brigh, administrator at St. Mary's Hospital in Rochester, Minnesota as one of the members of the Executive Board of the Catholic Hospital Association.

And when it came to special awards, St. Joseph's Hospital in Park Rapids, Minn. got honorary mention for doing an outstanding job in working for Accreditation.

IT IS NOT
WHAT
YOU KNOW!



It's what you DO that counts! Why do people who obviously know better keep on pulling the same old boners in human relations? Why don't they put their knowledge to use?

Why is it that so many persons manage to antagonize people in the first breath? They rarely apply what they know---never see themselves as others see them.

Has it ever occurred to you that there is a bit of the same tendency in all of us? Most of us don't use our heads nearly as much as we should or could.

QUOTE from "EMERGENCY REMOVAL OF PATIENTS & FIRST AID FIRE FIGHTING IN HOSPITALS"

NYLON

"Some nurses have expressed alarm about the flammability of nylon. The main problem with nylon is that it is likely to cause an accumulation of static electricity. For this reason, nylon outer garments are taboo in areas in which anesthesia is used. The fact that nylon may cause an accumulation of static electricity does not, however, mean that it has unusual burning properties. In fact, it is rated at the bottom of a list of synthetic materials as far as ignition potential is concerned. As dramatic proof of this, nurses attired in nylon uniforms and stockings have put out gasoline fires with a piece of nylon."

PATIENT SAFETY NEVER STOPS!

Take no chances! Be sure all safety devices are put to use wherever and whenever conditions warrant.

Safety sides on beds are the best known protection against falls by patients who are either unaccustomed to the hospital bed, the aged or debilitated patient or the patient under sedation. The half-rails have proven to be an excellent safety measure.

Stretchers should be equipped with body straps or side rails to prevent patients from falling either while the stretcher is stationary or in transit. Where the above safety measures are not available, the person in charge must not leave the patient even for one minute.

Major consideration with wheelchairs is to be sure the patient is assisted when getting into or out of one.

A safe rule is: "TAKE NO CHANCES".

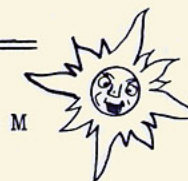
DANGER

DON'T MIX THEM!

Did you know that there are some good and useful household products that can be "dynamite" if added to one another accidentally (or purposely, because you may mistakenly think that the combination will do a better job)? It's true. So note THIS carefully. Never mix a bleaching solution with a toilet-bowl cleanser, a rust remover, or household ammonia. We won't go into the intricacies of the chemical reactions involved---but take our word for it that such combinations release a substance so toxic when inhaled that it can cause most serious injury. Mixing them is useless and unnecessary, too. Adding bleach to acid bowl cleansers and rust removers or to alkaline household ammonia won't make whatever job you are doing easier or give better results. So follow this safe rule. Use all household cleansing products (and aren't you lucky to have such a variety for specific purposes?) exactly as the manufacturer directs on the label.

(Taken from the May, 1957 issue of "Good Housekeeping".)

GEMS OF WISDOM



From the time you are born 'til you ride in a hearse, there is nothing so bad but it might have been worse.

Most people don't mind working; it's just that they'd rather be doing something else.

It's not the hours you put in that count, but what you put into the hours.

MEDICAL STAFF

The annual meeting of the Minnesota Medical Association was well attended by doctors from the St. Cloud area. After the meetings, Dr. and Mrs. H. B. Clark detoured to Muscatin, Iowa, where they enjoyed a visit with their son.

Dr. N. E. Fidelman returned refreshed and stimulated from a week of studying electrocardiography at the University of Minnesota. He is convinced that post-graduate school is far more interesting than undergraduate!

The Florida sun gave Dr. Raetz a real "sun-brown" and he is full of tales of fishing in tropical waters. He says he probably didn't catch the biggest ever--but his were sizeable!

Dr. C. S. Donaldson proved it's possible. What?

A thoroughly restful vacation right in his own home; Doctor's was interrupted only by a weekend trip to Canada.



Opening of the fishing season in Minnesota was greeted with enthusiasm by many winter-weary anglers who took to the boats as soon as possible. Good luck was not universal but Dr. Wenner testifies that not only did his party have great success---but he even got a sun tan.

Doctors Wittrock, Donaldson and Walfred and their wives enjoyed the banquet and annual "get-together" of the Academy of General Practice in St. Paul late in May. Dr. Schindler was the main speaker at the banquet.

* * *
* *

DR. EVERETT J. SCHMITZ has come back to St. Cloud. His address is 1848-6th. Ave. North. Doctor completed two years in the United States Navy advancing from the rank of Lieutenant Commander to Captain. We welcome Dr. Schmitz and his family: wife, daughters Carol and Lynn, and son Philip. We're happy you're back.

We welcome also our new pathologist, DR. ARTHUR E. DAVIS, JR. and his family: wife, sons Arthur III and Joseph, and daughters Karla and Debra (brand new). The Davis' live at 1016 - 26th. Avenue North. Dr. Davis completed his work in Clinical and Anatomical Pathology at the University of Minnesota.

DR. DAN VALENTI will be leaving St. Cloud to begin a residency in Anesthesiology at the University of Illinois.

DR. SEYMOUR HANDLER will begin a residency in Radiology at the University of Minnesota July 1st.

We wish both of you success in your new endeavors. WE WILL MISS YOU!

DR. H. B. CLARK RECEIVES APPOINTMENT

All of us feel right proud that a member of our Medical Staff has been appointed by Governor Freeman as the resident director of the Minnesota State College Board. Dr. Clark has always been active in education and has served on the Public School Board in St. Cloud for more than 18 years.

CONGRATULATIONS, DR. CLARK!

Welcome

The month of May and the first part of June brought us new members to our hospital family. Even though some will be here just for the summer months, we hope they will enjoy their work here:

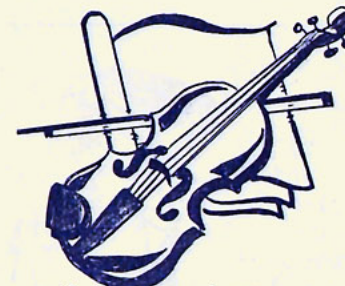
Mrs. Mary Lou Cremers
Maxine Busse
Wayne Anderson

Mrs. Ann Witschen
Janet Rudy
Joyce Schwinghammer
Mrs. Barbara Schrupp
Edward Hill

Mary Jane Staller
Hallett Goehrs
Margaret Ann Hermanson
Dianne Diedrich
Mrs. Neva Buretta
Neil Hall

Charlotte Christensen
Lucille Lahr
Catherine Brust
Joan Brinker
Robert Karn

Mrs. Mary Lou Braun
Mrs. Marie Dingmann
Raymond Lehner
Rosemary Prom
Dianne Krausert
Delphine Skudlarek
Lorene LaSota
Lucy Ann Brinkmann
Mrs. Phyllis Jennings
Constance Scepaniak
Stephen Dallmann



A successful marriage speaks volumes:
A Cookbook; A Check-book and
A Prayer-book.



MARK Wittrock made his appearance on June 8th, weighing 8 lbs., 8 1/3 oz. Mark thought he had better even out the number for his parents, DR. and Mrs. LOUIS WITTROCK; it's 4 girls and 4 boys.

DEBRA, the new infant daughter of DR. and Mrs. ARTHUR DAVIS, JR., thought she'd like to make her debut at St. Joseph's Hospital in St. Paul. Debra was born on June 5th.

The following alumnae and former employees became happy parents:

Mrs. Aloys Midas	(Renee Reischl)
Mrs. Anthony Ressemann	(Renee Minnerath)
Mrs. Joseph Theis	(Frances Pozorski)
Mrs. Donald Ethen	(Rose Marie Gasser)
Mrs. Elmer Notsch	(Lillian Schmitz)
Mrs. Eugene Borgert	(Marilyn Woods)
Mrs. James Dingmann	(Lucille Schmitz)
Mrs. Robert Schindler	(Alice Ritter)
Mrs. Donald Roeder	(Eileen Mohs)
Mrs. Richard Zima	(Donna Gordon)
Mrs. Roger Wicker	(Corrine Neu)
Mrs. Robert Ketten	(Arlene Weinand)
Mrs. Donald Buettner	(Sharon Moline)
Mrs. Aloysius Pozorski	(Josephine Jurek)
Mrs. Leander Torborg	
Mrs. Leander Bieniek	(Louise Reischl)

Mrs. Blaine Carlson, former nurse on 4 No. and Blaine Carlson, student technologist, are the proud parents of a baby boy, David. Mr. Carlson will graduate from our School of Medical Technology on June 25th.

Extra special Congratulations to you, Mr. Carlson!



ANNOUNCING

By the time this issue of the Beacon Light is received, employees will have heard that our Blue Cross-Blue Shield coverage has been changed to a \$14.00 per day plan with unlimited x-ray coverage.

We also thought you would want to know that 100% of the employees now carrying Blue Cross-Blue Shield had expressed their wish to increase their room coverage to the \$14.00 per day plan. Don't you think that the 100% is quite a record? The new coverage will go into effect on July 15th.

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EXTERNS HERE . . .

Charles Drexler and Keith Rodaway, Senior Medical students at Creighton University, are spending six weeks here in our hospital gaining valuable experience.

Charles Drexler is from St. Cloud and Keith Rodaway comes from the state of Nebraska.

Later in the summer, two medical students from the University of Minnesota will spend six to eight weeks here. The students, Thomas Lehar and Alan Peterson, are both from Minneapolis.

The title "Doctor" is used in addressing the students----this is an accepted procedure in hospitals.

The Beacon Light is the monthly publication for employees of the St. Cloud Hospital, St. Cloud, Minnesota.

ST. BENEDICT

No one would argue with the fact that St. Benedict is the special patron of the Sisters of the Order of Saint Benedict. The Sisters follow as their pattern of life the Rule written by St. Benedict. The feast of this great saint is celebrated on July 11th.

It is on this day that the Sisters pronounce the vows of Obedience, Poverty, Chastity, Stability and Conversion of Morals---either for a three year period or for life. Thus this day becomes an anniversary for each Sister. It may be her fifth, fifteenth, fiftieth or more. On this day each Sister recalls her own Profession Day when she promised to serve Christ in the religious state for the rest of her years. She again renews that promise made on her Profession Day and begs Christ, her Divine Bridegroom, for the grace to grow ever stronger in Divine Love so that she may always reflect the love of Christ that is within her.

We ask all of you to join us in prayer on this day. Let us first of all thank God for the many blessings that have come to the Sisters of the Order of Saint Benedict during these 100 years.... we are celebrating our centennial this year! And let us also ask God to keep an ever-watchful eye on us so that together, Sisters, employees and students, we will exemplify the true family spirit that is laid down in the Rule of Saint Benedict.

